# SAFE START

**Health and Safety Orientation** 



# Why Have a Health and Safety Orientation?

- Effective health and safety orientation can help prevent injuries and illnesses
- Employer required to take reasonable precautions to protect workers
- An investment in the future



# Why Have a Health and Safety Orientation?

- It's the right thing to do
- Keeps the community safe
- Who is keeping your children safe?









## What Does the Legislation Say?



- Occupational Health and Safety Act
  - 25(2)(a) provide information, instruction and supervision to a worker to protect the health or safety of the worker
  - 25(2)(h take every precaution reasonable in the circumstances for the protection of a worker
  - Ontario Regulation 297/13.

#### Canada Labour Code – Part II



- 124- Every employer shall ensure that the health and safety at work of every person employed by the employer is protected
- 125(1)(q)- provide, in the prescribed manner, each employee with the information, instruction, training and supervision necessary to ensure their health and safety at work



## Let's Talk About Due Diligence

- Due diligence
- It's your only defense
- If it isn't written, it doesn't exist





#### What's In It For You?













#### Who Needs to be Oriented?

- All workers including managers and supervisors
  - Students
  - New workers
  - Promoted or transferred
  - Returning workers
  - Contract workers
  - Supply of labour
  - Seasoned employees



#### Who Does the Orientation?

- Supervisor?
- Co-worker?
- Employer?
- Health and Safety Person?
- JHSC or WHSC?





#### **Competent Person**

- "competent person" means a person who,
  - is **qualified** because of knowledge, training and experience to organize the work and its performance
  - is familiar with this Act and the regulations that apply to the work, and
  - has knowledge of any potential or actual danger to health or safety in the workplace
- Is the supervisor always the right person to do the orientation?



# Two Groups of Workers

New and Young Workers



Seasoned Workers





#### New and Young Workers – The Numbers

New and young workers are 4 times more likely to be injured

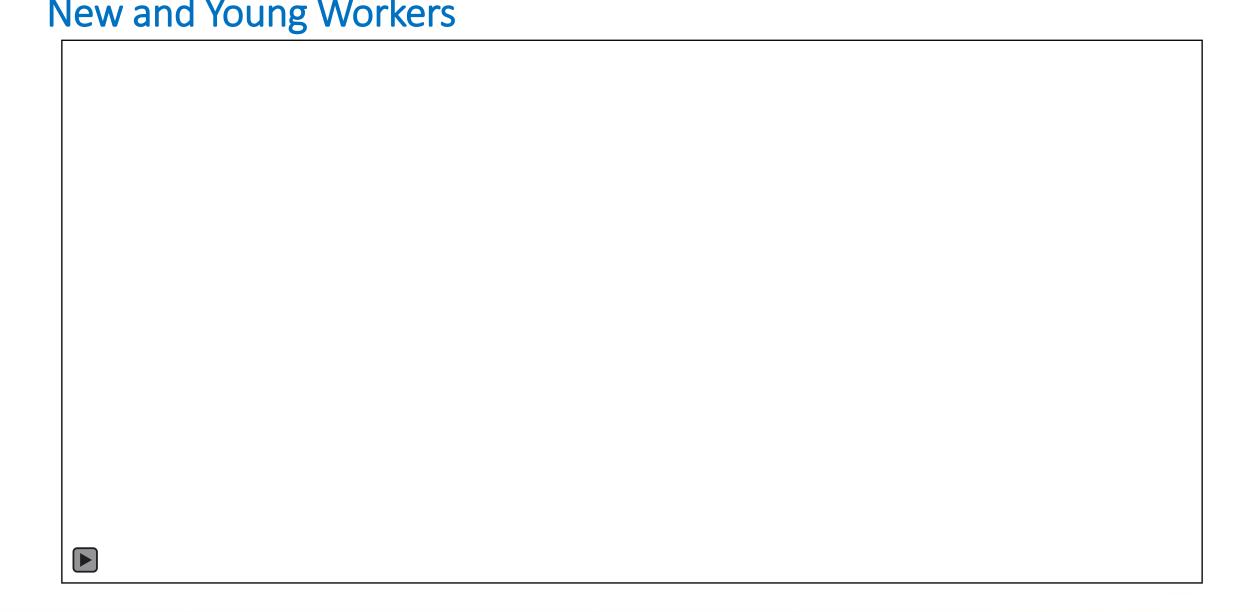
- 1. Motor vehicle traffic accidents (25.6 percent)
- 2. Accidental falls (23.1 percent)
- 3. Accidents caused by machinery (12.8 percent)



#### New Worker – The Basics

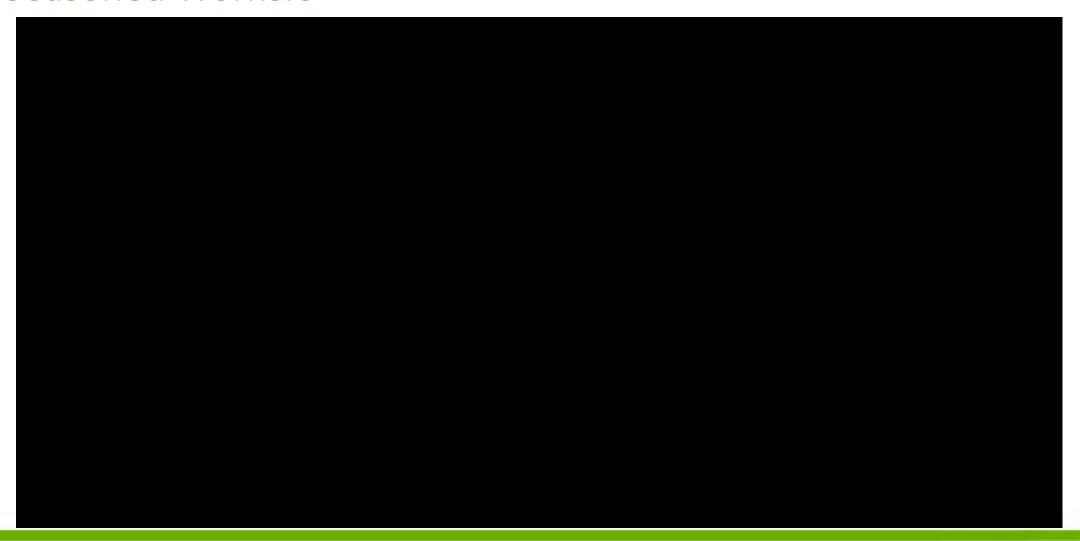
- Their rights, duties, responsibilities and the legislation
- Workplace hazards
- How to protect themselves
- How to participate in health and safety
- Where to go for more information
- What to do in case of emergency







## **Seasoned Workers**





#### Orientation – Level 1 - General Training

- Department functions
- Reporting relationships
- Relationships with other departments
- Health and Safety policy
- Health and Safety Rep. or Committee
- Standard operating procedures
- How to report hazards
- How to report injuries and illnesses
- Return to work



#### Orientation – Level 2 – Job Specific Training

- Employee roles and responsibilities
- Supervisor roles and responsibilities
- Health and safety hazards specific to the job
- Safe working practices, procedures and precautions (include control systems such as lockout or work permits)
- Use, care and maintenance of personal protective equipment
- Location of first aid facilities and fire equipment
- Emergency plan



#### One Size Does Not Fit All



- Literacy
- Learning styles





#### Orientation / Training Best Practice

- **Tell me** Theory
- Show me Demonstration
- Let me do it Observe
- Watch me Monitoring vision





#### Resources – Tips for Supervisors

- Schedule enough time for orientation
- Spend more time explaining the job, training and supervising young workers
- Ensure all hazards are explained before work begins
- Make yourself available to answer questions
- Lead by example
- Pair up young workers with experienced, safety conscious workers
- Recognize and reinforce safe work practices
- Document, document, document



## Health and Safety Orientation Program

- Health and Safety Orientation Policy
- Communicate
- Training program
- Keep records of training
- Document, document, document
- Evaluate your program



# Resources – Sample Checklist

#### **ORIENTATION TRAINING**

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Sample checklist of items that should be covered in an Orientation Program

General Orientation	Job-specific Orientation		
Overview of the company	☐ Department functions		
Organization structure	Department tour		
Company policy and procedures	Priorities		
Pay rates (regular, overtime, etc.)	Reporting structures		
Benefits (medical, insurance, etc.)	Relationships within department and with other		
Introduction to union, where appropriate	departments		
Employee problems and concerns	Security		
Work refusal procedure	Types of assistance available		
Grievance procedure	What to do in an emergency		
Personnel records	Performance evaluations		
Communication	Specific duties and responsibilities		
Physical fitness	Specific worker legal responsibilities		
Absenteeism, lateness, etc.	Department occupational health and safety basic		
Employee performance	Department safety rules		
Awards program	<ul> <li>Information on hazards, controls, precautions and procedures</li> </ul>		
Safety and health policy	☐ Use of tools and equipment		
General safety rules	Materials/substances in use - hazards, handling,		
Legal responsibilities and rights	storage and disposal procedures  Labelling systems/warning signs/MSDSs		
Physical examinations	Use and care of PPE		
First-aid facilities	Housekeeping procedures		
Fire safety plan and emergency procedures	Work permit systems		
Reporting of hazards	Process hazards (e.g., toxic dusts)		
H & S Rep/JHSC	Hazards—loose clothing, jewellery		
Personal protective equipment (PPE)	Lifting and handling restrictions		
Use of tools and equipment	Safe stacking of materials		
General housekeeping	Safety supplies and equipment		
Smoking restrictions	Defective or inappropriate tools		
	Correct use of guards		
	Safe procedures for machines		
	Maintenance of clear access and egress		
	Notification of work-related injuries and illnesses		
	ivodification of work-related injuries and filnesses		



# Resources – Job Safety Analysis

b Safety Analysi Description:				
ob Location:				
Key Job Steps	Machinery, Tools & Materials Used	Potential Health & Safety Hazards	Safe Practices, PPE 8 Safety Devices	



#### Resources – Health and Safety Partners

- Infrastructure Health and Safety
  - ihsa.ca
  - tyler.kellar@ihsa.ca
- Workplace Safety and Prevention Services
  - wsps.ca
  - margaret.cernigoj@wsps.ca



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